

## How to Claim your PMI Professional Development Units (PDUs)

For all PMI certifications except the CAPM®, you need to follow the Continuing Certification Requirements (CCR) program and earn professional development units (PDUs.) The PMI wants to ensure that your certified competencies stay relevant and up-to-date.

Your PDU activities must relate to topics that are consistent with the Exam Content Outline for your certification.

The PMI offers very many ways to earn PDUs. These include (<https://ccrs.pmi.org/info/earnpdus>):

- **Course or Training:** Attend education courses or classes in-person or online
- **Online or Digital Media:** Self-paced learning conducted online or through varied forms of digital media
- **Read:** Self-directed reading that is relevant to the certification you hold
- **Informal Learning:** Educational opportunities focused on structured discussions

## Registering your PDUs

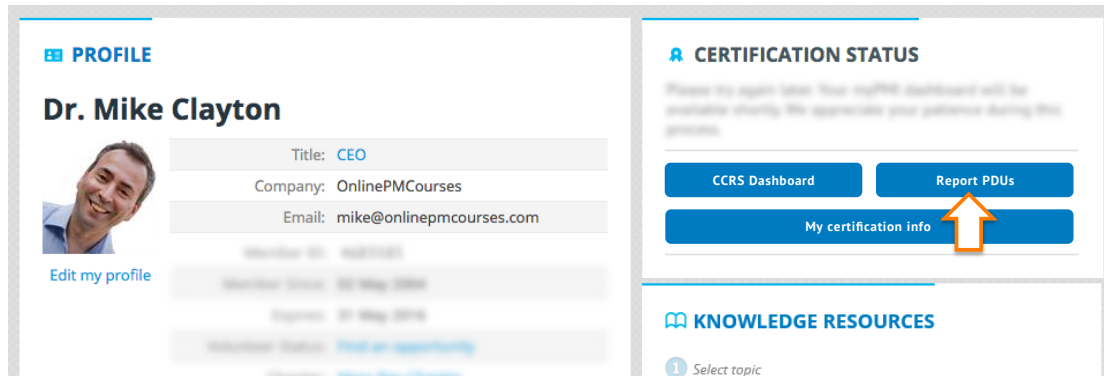
To register your PDUs, first, Login to the PMI website.



Then navigate to myPMI




From the myPMI part of the site, you can Report your PDUs



**PROFILE**

**Dr. Mike Clayton**



Title: **CEO**

Company: **OnlinePMCourses**

Email: **mike@onlinepmcourses.com**

[Edit my profile](#)

**CERTIFICATION STATUS**

Please try again later. Your myPMI dashboard will be available shortly. We appreciate your patience during this process.

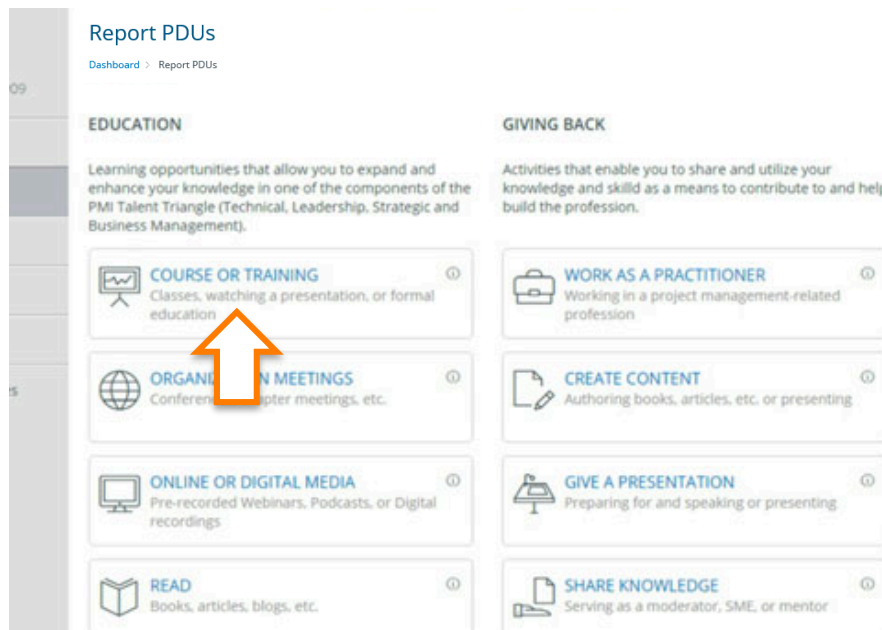
[CCRS Dashboard](#) [Report PDUs](#)

[My certification info](#)

**KNOWLEDGE RESOURCES**

Select topic

The Best category to select is Education: Course or Training.



**Report PDUs**

Dashboard > Report PDUs

**EDUCATION**

Learning opportunities that allow you to expand and enhance your knowledge in one of the components of the PMI Talent Triangle (Technical, Leadership, Strategic and Business Management).

- COURSE OR TRAINING** (Icon: Presentation screen)
  - Classes, watching a presentation, or formal education
- ORGANIZATION MEETINGS** (Icon: Globe)
  - Conferences, chapter meetings, etc.
- ONLINE OR DIGITAL MEDIA** (Icon: Computer monitor)
  - Pre-recorded Webinars, Podcasts, or Digital recordings
- READ** (Icon: Open book)
  - Books, articles, blogs, etc.

**GIVING BACK**

Activities that enable you to share and utilize your knowledge and skill as a means to contribute to and help build the profession.

- WORK AS A PRACTITIONER** (Icon: Briefcase)
  - Working in a project management-related profession
- CREATE CONTENT** (Icon: Document with pencil)
  - Authoring books, articles, etc. or presenting
- GIVE A PRESENTATION** (Icon: Presentation screen)
  - Preparing for and speaking or presenting
- SHARE KNOWLEDGE** (Icon: Document with speech bubble)
  - Serving as a moderator, SME, or mentor

Complete all of the information required, ending with submitting your PDUs

PDUs Claimed [?](#)

	Technical <a href="#">?</a>	Leadership <a href="#">?</a>	Strategic <a href="#">?</a>	Total
PMP®	0.00 <input type="text"/>	0.00 <input type="text"/>	0.00 <input type="text"/>	0.00 <input type="text"/>
PMI-ACP®	0.00 <input type="text"/>	0.00 <input type="text"/>	0.00 <input type="text"/>	0.00 <input type="text"/>

By submitting this claim, I attest that the information I have provided is correct. I understand that any misrepresentation or incorrect information provided may result in disciplinary action, including suspension or revocation of my PMI certification and/or credential.

I agree this claim is accurate.

## The PMI policy for PDUs

‘1 hour of instruction related to project management, program management, project risk, project scheduling, or agile project management equals 1 PDU.’

You can report PDUs in 0.25, 0.50, 0.75 increments.

There are three PDU categories:

- Technical
- Leadership
- Strategic

How you allocate your PDUs to the three categories is a matter of judgment.

Many OnlinePMCourses programs are contain knowledge that could be considered, to some extent, in all three of those categories and it is difficult to make a precise allocation. The allocations shown in the table below is our suggestion. Since PDUs are self-certified and you need to tick the box agreeing your claim is accurate, then you must assess the amount of material you have consumed fully, and how it splits. You should only claim a number of PDUs corresponding to the actual amount of time you spend on the course.

## Our Recommended Split

	<b>Technical</b>	<b>Leadership</b>	<b>Strategic</b>	<b>Total</b>
PM's Immersion Program	14.50	1.25	0.25	16.00
PM's Skills Mastery Program	7.00			7.00
PM's Fast Start Program	3.00			3.00